



SARAH STROHMEYER

Sarah Strohmeier is excited to become a part of The God Minute team. You might have heard about Sarah because she's Gerry's daughter! Raised by strong Catholic parents, Sarah's been making an impact for years as an educator and ministry leader. She started her ministry experience by serving as Youth Minister at St. Vincent DePaul parish in Cape Girardeau, MO for 8 years before joining the faculty of Notre Dame Regional High School in 2001.

With a Master's degree in Religious Education, she serves as the Theology Department Chair, Director of Campus Ministry, Senior Theology Teacher, Kairos Retreat and Mission Trip Director. As evidenced by her 30 years of ministry experience with young people, Sarah is all about teaching and leading youth retreats and mission trips, helping students grow spiritually while also having fun and giving back.

But it's not all about work! Sarah also serves as the Board President for Mac's Mission, a special needs dog rescue (yes, dogs are her thing!), and she's all about making the world a better place for animals. Outside of that, you'll find her learning the latest teen slang with her nieces and nephews or chilling with her three dogs and cat. A total servant leader, Sarah's faith, heart, and compassion have touched so many lives in the best possible way.

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